

## International Congress PHYSIOTHERAPIA CROATICA 2025

### Instructions for authors

Types of paper that can be submitted include: original scientific paper, systematic literature review, review article, preliminary report, case report.

The paper can be submitted for **oral presentation** or as a **poster presentation (e-poster)**.

### **Poster Presentation**

- E-posters should be created in either Croatian or English.
- The presentation format is a PDF document with dimensions of 900 x 1600 pixels (portrait format), and the file size must be less than 20 MB.
- The e-poster must contain only ONE slide that displays the entire content of the poster.
- Font size should be 11 pt
- Recommended fonts: Arial, Courier New, Georgia, Helvetica or Times New Roman.
- The title, names of authors and co-authors, mentors, affiliation, specialty, and mailing address should be listed at the top of the poster.
- At the bottom of the poster, the following should be written: International Congress PHYSIOTHERAPIA CROATICA 2025. Brela, Croatia.
- The poster should be structured according to the paper writing guidelines.
- Photographs should be clear and sharp, and images should be numbered.
- Poster should not contain animations and videos
- Literature should be cited in Vancouver style.
- The file MUST be saved under the surname of the main author.

## **Full article**

Format:

- The paper should be a maximum of 12 pages, including images, tables, and charts.
- Font: Times New Roman, size 12 pt
- Margins: 2.5 cm
- Single spacing

The papers will be published in the journal *Physiotherapia Croatica – Supplement*, and regardless of the presentation format, they must be structured as follows:

- Title (*in both Croatian and English*)
- Authors and affiliations
- Structured abstract *in both Croatian and English* (the structure follows that of the paper), along with 3-5 keywords
- Paper content (introduction, methods, results, discussion, and conclusion)
- Citation style: Vancouver

**Please send full papers to the email address [physiotherapia.croatica.2025@gmail.com](mailto:physiotherapia.croatica.2025@gmail.com) by August 10, 2025.**

## **Vancouver Citation Style**

### **In-text citation**

In-text citations are made using a number within parentheses, e.g., (1), either within or at the end of the sentence. If the source is cited at the end of the sentence, the number in parentheses is placed before the punctuation mark, such as a period.

*Example:*

- „Furthermore, there are also several identified autoimmune diseases (1) and connective tissue disorders (2).“

If there is a need to cite multiple sources in the same sentence or within the same part of the sentence, the numbers should be listed in a sequence within parentheses (when the numbers are not consecutive). If the citation numbers are consecutive, a hyphen should be used.

*Example:*

- „Such changes can cause movement restrictions, as well as pain, and have a long-term effect on the entire body through myofascial chains (14, 20, 23).“
- „The formation of pathophysiological scars is also associated with genetic inheritance and the duration and intensity of the inflammatory process in the dermis (17–21).“

## References

The list of references should be written in numerical order according to the order in which the citations appear in the text. The list of references is placed at the end of the paper and includes all sources that have been cited in the text. Sources may include journal articles, book chapters, websites, master thesis papers, doctoral dissertations, informational brochures, conference papers, etc.

## Citing

Depending on the source type, a specific format must be followed when listing the source in the reference list (as instructed in the following text).

### **Book**

1. Author/editor (if an editor/editors always put (ed./eds.) after the name)
2. Book title
3. Edition (if not the first edition)
4. Place of publication
5. Publisher
6. Year of publication

*Example:*

- Jurinić A, Jadanec Đurin M eds. Fizioterapijska propedeutika. Zagreb: Hrvatski zbor fizioterapeuta; 2024.
- Magee DJ. Orthopedic physical assessment. 6th ed. London: Elsevier Health Sciences; 2013.

**Chapter in book**

1. Author/editor (if an editor/editors always put (ed./eds.) after the name)
2. Title of chapter followed by „In:“
3. Editor (always put (ed./eds) after the name)
4. Title of book
5. Edition (if not the first edition)
6. Place of publication
7. Publisher
8. Year of publication
9. Page numbers (elide the page numbers, i.e. 1029-35; 93-6)

*Example:*

- Gudlin H. Dječja neurofizioterapija. In: Jurinić A, Jadanec Đurin M. Fizioterapijska propedeutika. Zagreb: Hrvatski zbor fizioterapeuta; 2024. 19-55.

**Journal article**

1. Author (if there are more than 6 authors, "et al." is used after the name of the first author.)
2. Title of journal article
3. Title of journal
4. Year of publication
5. Volume number (Issue number)
6. Page numbers of the article

*Example:*

- Bodrožić M, Filipec M. The pain attitudes and beliefs scale for physiotherapists: psychometric properties of the Croatian version. *Physical Therapy Reviews*. 2023;28(4-6):253-60.
- Puntillo F et al. Pathophysiology of musculoskeletal pain: a narrative review. *Therapeutic advances in musculoskeletal disease*. 2021; 13(4): 46-8.

### **Diplomski rad/doktorska disertacija**

1. Author
2. Title
3. Type of thesis
4. Location of publication
5. Academic institution
6. Year of publication

*Example:*

- Bodrožić M. Kvaliteta života u osoba s kroničnom boli u lumbalnoj kralježnici. Master thesis. Rijeka: Sveučilište u Rijeci, Fakultet zdravstvenih studija; 2020.

### **Web stranice**

1. Author
2. Title
3. URL
4. Date of access

*Example:*

- Hrvatski zavod za javno zdravstvo. COVID-19 – preporuke i najnoviji podaci. <https://www.hzjz.hr/priopcenja-mediji/koronavirus-najnoviji-podatci/> (accessed 21 march 2024)

### **Conference papers**

1. Author
2. Title of conference paper followed by, „In:“
3. Conference title
4. Date
5. Place of publication
6. Publisher
7. Year
8. Pages

*Example:*

- Vlašić S. Rana mobilizacija teže pokretnih bolesnika. In: Kongres s međunarodnim sudjelovanjem: „Physiotherapia Croatica“. 23. – 25 september 2021; Vodice, Hrvatska. Zagreb: Hrvatski zbor fizioterapeuta Institute; 2022. 65-9.